



Prepare to Care

Iowa's Direct Care and Support Curriculum

Instructors

Listed Alphabetically by Organization

The following instructors are willing to be contacted by individuals and organizations interested in arranging training for direct care professionals. The modules each instructor is qualified to teach are listed in the last column.

Name	Organization	City	Phone	Email	Modules
Anne Porter	A Plus Home Care Services and Supplies	Ankeny	515-964-7297	anne@aplushomecareservices.com	Core, HCL, IADL, PS, PADL, HMM
Jane Ernst	Adair County Home Care	Greenfield	641-743-7201	jernst@adaircountyhomecare.org	Core, HCL, IADL, PS, PADL, HMM
Jennifer Hagerty	American Institute of Caring/Iowa Home Care	West Des Moines	515-661-6730	jhagerty@americaninstituteofcaring.com	Core, HCL, IADL, PS
April Nagel*	American Institute of Caring/Iowa Home Care	West Des Moines	515-661-6730	anagel@americaninstituteofcaring.com	Core, HCL, IADL, PS, PADL
Jeanne Schwab	Audubon County Public Health	Audubon	712-563-2226	jsaudcoph@iowatelecom.net	Core, HCL, IADL, PS, PADL, HMM
Becky Clark	Black Hawk Country Public Health	Waterloo	319-291-2413	bclark@co.black-hawk.ia.us	Core, HCL, IADL, PS
Judith Gifford	Black Hawk Country Public Health	Waterloo	319-291-2413	jgifford@co.black-hawk.ia.us	Core, HCL, IADL, PS
Terry Helsinki	Black Hawk Country Public Health	Waterloo	319-291-2413	thelinski@co.black-hawk.ia.us	Core, HCL, IADL, PS
Jean Maddux	Black Hawk Country Public Health	Waterloo	319-291-2413	jmaddux@co.black-hawk.ia.us	Core, HCL, IADL, PS

Module Key:

HCL = Home and Community Living

IADL = Instrumental Activities of Daily Living

PS = Personal Support

PADL = Personal Activities of Daily Living

HMM = Health Monitoring and Maintenance

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Name	Organization	City	Phone	Email	Modules
Sonia Sledge*	Candeo	Des Moines	515-259-8126	sonia.sledge@candeiowa.org	Core, HCL, IADL, PS
Nancy Baldus	Candeo	Des Moines	515-259-8121	nancy.baldus@candeiowa.org	Core, HCL, IADL, PS, PADL, HMM
Teresa Vodochodsky	Carauster Industries	Tama	641-485-4832	twoodoo@hotmail.com	Core, HCL, IADL, PS
Cindy Ramer	Cedar Valley Community Support Services	Waterloo	319-415-7049	cin130den@aol.com	Core, HCL, IADL, PS
Bob Bailey	ChildServe	Johnston	515-	bobbail@childserve.org	Core, HCL IADL, PS
Angela Rook	Continuing Care Hospital at St. Luke's	Cedar Rapids	319-560-1261	frogsgalore@gmail.com	Core, HCL, IADL, PS, PADL, HMM
Leonard Cooley	DAC Incorporated	Maquoketa	563-652-5252	lcooley@dacincorp.com	Core, PADL, HMM
Joan Hanna	Des Moines Area Community College	Ankeny	515-290-3544	joanhanna@live.com	Core, HCL, IADL, PS
Lisa Person	Des Moines Area Community College	Boone	515-230-9216	llperson@dmacc.edu	Core, HCL, IADL, PS, PADL, HMM
Tammy Nissen	Des Moines Area Community College	Elk Horn	712-764-2433	tnissen2001@yahoo.com	Core, PADL
Pam Vandenberg	Des Moines Area Community College	Gilbert	515-231-9441	vberg59@hotmail.com	Core, HCL, IADL, PS, PADL, HMM
Jace Smrcka	DSI/Collaborative Industries	Council Bluffs/Des Moines	402-435-2134 Ext. 1006	jmrcka@cii.us.com	Core, HCL, IADL, PS
Bethaney Conklin	Genesis Health	Bettendorf	563-212-0537	conklinb@genesishhealth.com	Core, HCL, IADL, PS
Ellen McCabe	Goodwill of the Heartland	Iowa City	319-248-4624	emccabe@goodwillheartland.org	Core, HCL, IADL, PS
Jolene Allen	Great River Home Health Care and Hospice	Burlington	319-753-5845	Jo8685@mchsi.com	Core, PADL, HMM

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Debra Card	Hawkeye Community College	Waterloo	319-231-6489	debra.card@mchsi.com	Core, HCL, IADL, PS, PADL, HMM
Kimberly Recker (coordinator only)	Hawkeye Community College	Waterloo	319-296-2320 ext 3009	kimberly.recker@hawkeyecollege.edu	Core, HCL, IADL, PS, PADL, HMM
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Anne Peters*	Home Instead Senior Care	Des Moines	515-221-0866	anne.peters@homeinstead.com	Core, HCL, IADL, PS
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Julie Adair	Iowa Health Care Association	West Des Moines	515-491-3887	Julie@iowahealthcare.org	Core, HCL, IADL, PS, PADL, HMM
Kimberly Weber*	Iowa Home Care	West Des Moines	515-222-9995	kweber@iowahomecare.com	Core, HCL, IADL, PS, PADL, HMM
Cindy Robinson	Iowa Home Care	West Des Moines	515-250-3569	crobinson@iowahomecare.com	Core, HCL, IADL, PS, PADL, HMM

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Patti Sallee	Louisa County Public Health	Wapello	563-549-0462	psallee@louisacomm.net	Core, HCL, IADL, PS, PADL, HMM

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Lyn Hilgenberg*	Senior Helpers	Des Moines	515-251-7444	lhilgenberg@seniorhelpers.com	Core, HCL, IADL, PS

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Deborah De Jong	Veterans Administration – Central Iowa Health Care System	Altoona	515-306-2916	deswim@juno.com	Core, HCL, IADL, PS, PADL, HMM
Kristine Rongey	Veterans Administration – Central Iowa Health Care System	Des Moines	515-418-7096	kristine.rongey@va.gov	Core, PADL, HMM
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