Iowa Department of Public Health Approval of Prepare to Care
September 2013

Iowa Department of Public Health approved the following Prepare to Care curriculum modules for local public health agencies providing home health aide services: Core, Home & Community Living (HCL), Instrumental Activities of Daily Living (IADL), Personal Support (PS), Personal Activities of Daily Living (PADL), and Health Monitoring and Maintenance (HMM).

Upon completion of training, the employing agency must affirm that the home health aide has demonstrated the ability to perform skills for the assigned tasks.

Iowa Department of Inspections and Appeals Statement on Prepare to Care
December 21, 2015

The combined Prepare to Care Personal Activities of Daily Living (PADL) and the Health Monitoring and Maintenance (HMM) curriculums meet the current federal requirements as an option for Home Health Aide and Hospice Aide training.

Upon completion of training, the employing agency must observe the home health aide in performing skills and complete an additional competency check list of skills to affirm that the home health aide is competent to be in a home to do the same skills.